



2022 IN REVIEW

Residency Support: In 2022, Pledge Health continued the important work of providing support to the newly formed Emergency Medicine Residency in Maputo. We supported 9 residents with the opportunity to take a week-long virtual course on Advanced Hazmat Life Support and we offered scholarships for 2 residents to participate in a snake bite conference in neighboring South Africa

We received 12 volunteer physicians in 2022. These doctors traveled from the U.S. to Maputo to support the residency in emergency medicine.

Among these volunteers, was a group of doctors from Loma Linda University in California who spent two weeks teaching our residents about pediatric emergencies. Another group from Emory Hospital in Georgia led a week of ultrasound skills training for residents.

Pledge Health also supported the residency by organizing lectures on various topics related to emergency medicine. Some of the lectures were given in person by American volunteer physicians while others were given virtually. We had about 10 volunteer physicians give virtual lectures in 2022! In addition, Pledge Health provided the residents with online access to four medical sites – EM Coach, EBMedicine, MedMastery and Hippo ED for their own personal studies.



NOW TRAINING 9 RESIDENTS

In 2022, all of the new EM specialists took on leadership roles to help train the residents.

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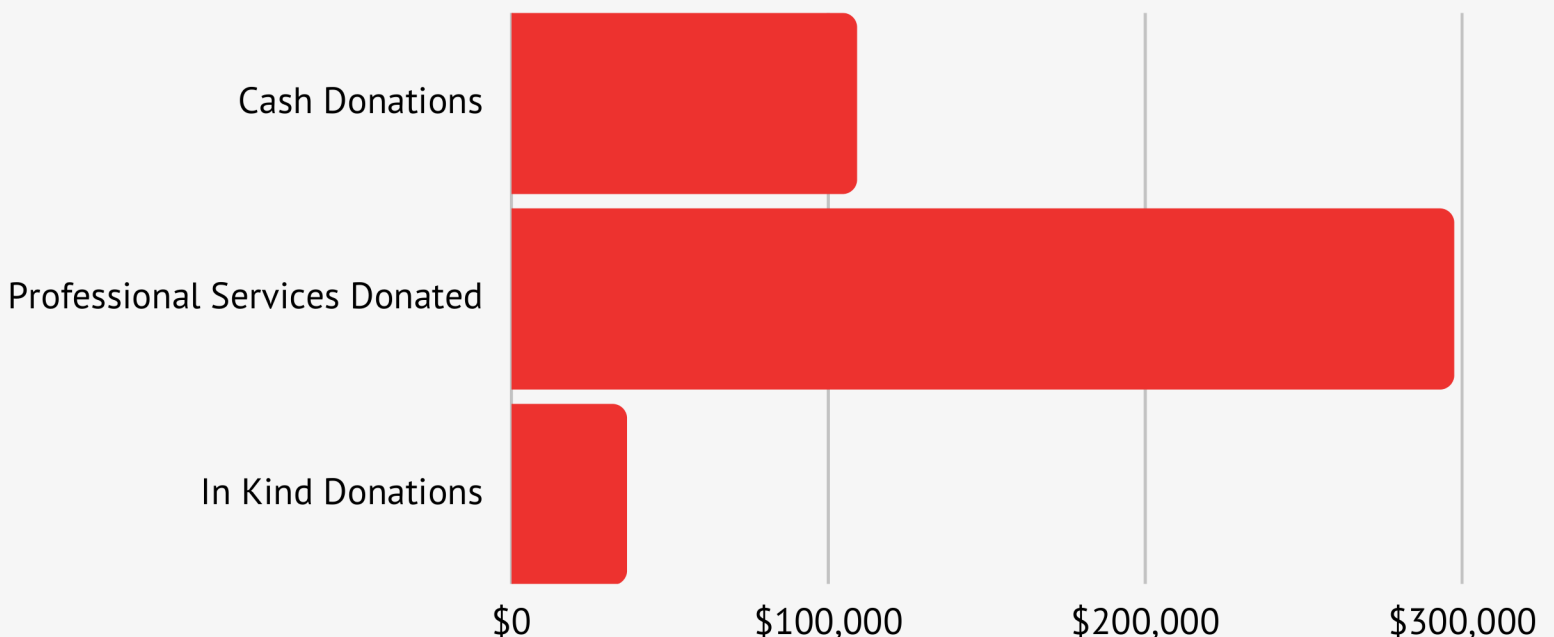
With 6 EM specialists and 9 residents, emergency medicine is advancing in Mozambique!

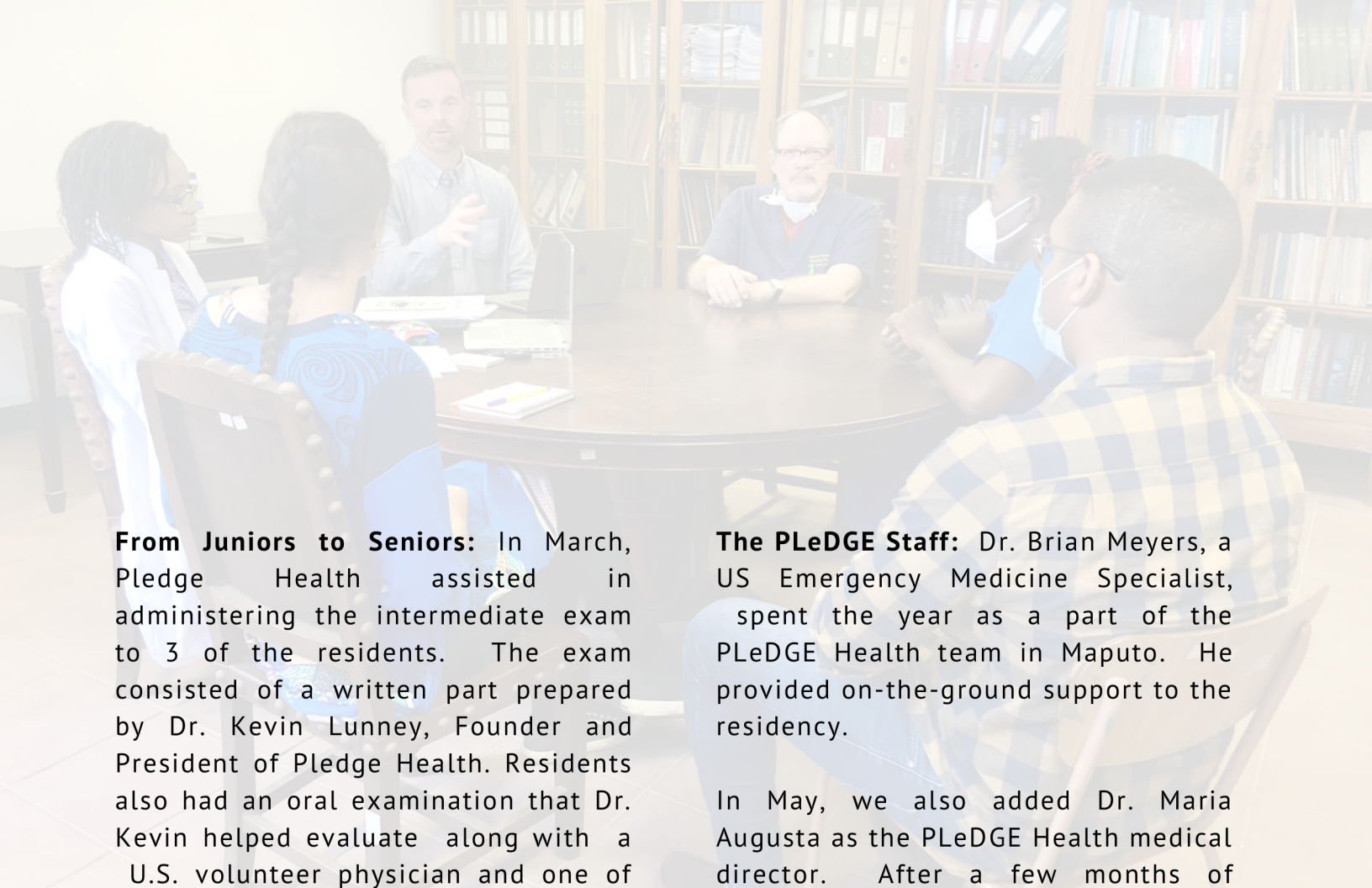
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We had a dozen volunteers support the residency program in person and another 10 volunteers supported through online lectures

FUELED BY DONORS & VOLUNTEERS

We continued to have an impact in Mozambique due to the donors and volunteers that sacrificially give!





From Juniors to Seniors: In March, Pledge Health assisted in administering the intermediate exam to 3 of the residents. The exam consisted of a written part prepared by Dr. Kevin Lunney, Founder and President of Pledge Health. Residents also had an oral examination that Dr. Kevin helped evaluate along with a U.S. volunteer physician and one of the Mozambican EM specialists. We also had 2 american volunteer physicians who helped the Mozambican EM specialists, administer a practical examination to test the skills of the residents.

Support to Maputo Central Hospital: In addition to supporting the residency in emergency medicine, Pledge Health also supported a 2 day training for nurses working in the resuscitation room of Maputo Central Hospital. We also helped develop protocols for the emergency department and donated materials for the resuscitation room.

In the Fall, we were also able to support the Central Hospital's annual Scientific Journey conference, an event that brings together doctors from across the country to spend a few days learning together.

The PLeDGE Staff: Dr. Brian Meyers, a US Emergency Medicine Specialist, spent the year as a part of the PLeDGE Health team in Maputo. He provided on-the-ground support to the residency.

In May, we also added Dr. Maria Augusta as the PLeDGE Health medical director. After a few months of learning along-side Dr. Brian, she has now taken over leadership of the residency program!



REMEMBERING AND DREAMING!

In October, we held what will hopefully become the first of an annual leadership retreat for our new specialists. 5 of the Mozambican specialists as well as some of the PLeDGE Health staff got away for a weekend in Marloth Park in neighboring South Africa. We had the privilege of inviting Meaghan McCaughey, a leadership development consultant, to join us for the weekend. Meaghan brought insightful teachings on an array of themes - qualities of a good leader, dealing with the stress the comes with being in leadership, focusing on small wins to help us keep pressing on, and discovering the reasons why we show up each day and keep on leading.



We closed out the leadership retreat by creating a timeline of emergency medicine in Mozambique and how each member of our team has played an important part in getting the specialty to where it is today. We then took time to look forward to 2023 and and plan for what we hope to accomplish in the coming year. The weekend was one full of great discussions and all involved left feeling hopeful about the future of emergency medicine in Mozambique!





OUR HEARTFELT THANKS TO...

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2022 PLeDGE Health Volunteers that traveled to Mozambique:

Barcega, Besh
Connell, Patrick
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McCaughey, Meaghan
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Sethi, Shawn
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2022

PLEDGE HEALTH ANNUAL REPORT

Prepared by:
Sarah Mondlane,
Country Director

Approved by:
Kevin Lunney MD, PhD,
Founder

